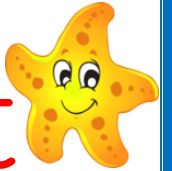




Are you a secret



SUPER-HERO?



Do you help to look after someone at home?

Do you help with...



...doing the shopping

...the taking of medicine

...cooking and cleaning

...looking after a sibling



...bathtime

...someone's mental health

...someone using the toilet

If you think this is you, speak to your Trusted Adult/ put a note in the worry box or speak to Mrs Crowther