

EYFS PSHE Progression

<p>Drugs Education</p>	<p>3- and 4-year-olds will be learning to:</p> <ul style="list-style-type: none"> • Develop their sense of responsibility and membership of a community. • Increasingly follow rules, understanding why they are important. • Remember rules without needing an adult to remind them. • Develop appropriate ways of being assertive. 	<p>Children in reception will be learning to:</p> <ul style="list-style-type: none"> • See themselves as a valuable individual. • Know and talk about the different factors that support their overall health and wellbeing.
<p>Exploring Emotions</p>	<p>3- and 4-year-olds will be learning to:</p> <ul style="list-style-type: none"> • Find solutions to conflicts and rivalries. For example, accepting that not everyone can be Spider-Man in the game, and suggesting other ideas. • Develop appropriate ways of being assertive. Talk with others to solve conflicts. Talk about their feelings using words like 'happy', 'sad', 'angry' or 'worried'. 	<p>Children in reception will be learning to:</p> <ul style="list-style-type: none"> • Express their feelings and consider the feelings of others. • Identify and moderate their own feelings socially and emotionally. • Think about the perspectives of others
<p>Being Healthy</p>	<p>3- and 4-year-olds will be learning to:</p> <ul style="list-style-type: none"> • Be increasingly independent in meeting their own care needs, e.g., brushing teeth, using the toilet, washing, and drying their hands thoroughly. • Make healthy choices about food, drink, activity and toothbrushing. 	<p>Children in reception will be learning to:</p> <ul style="list-style-type: none"> • Manage their own needs. Personal hygiene. • Know and talk about the different factors that support their overall health and wellbeing: regular physical activity, healthy eating, toothbrushing, sensible amounts of 'screen time', having a good sleep routine, being a safe pedestrian.
<p>Growing Up</p>	<p>3- and 4-year-olds will be learning to:</p> <ul style="list-style-type: none"> • Become more outgoing with unfamiliar people, in the safe context of their setting. • Show more confidence in new social situations. • Begin to make sense of their own life-story and family's history. 	<p>Children in reception will be learning to:</p> <ul style="list-style-type: none"> • See themselves as a valuable individual. • Manage their own needs such as personal hygiene.

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<p>Changes</p>	<p>3- and 4-year-olds will be learning to:</p> <ul style="list-style-type: none"> • Understand the key features of the life cycle of a plant and an animal. • Talk about the differences between materials and changes they notice 	<p>Children in reception will be learning to:</p> <ul style="list-style-type: none"> • See themselves as a valuable individual. • Be confident to try new activities and show independence, resilience, and perseverance in the face of challenge such as change. • Understand the effect of changing seasons on the natural world around them.
<p>Bully Matters</p>	<p>3- and 4-year-olds will be learning to:</p> <ul style="list-style-type: none"> • Continue developing positive attitudes about the differences between people. • Find solutions to conflicts and rivalries. For example, accepting that not everyone can be the leader in the game, and suggesting other ideas. • Develop appropriate ways of being assertive. • Talk with others to solve conflicts. • Understand gradually how others might be feeling. 	<p>Children in reception will be learning to:</p> <ul style="list-style-type: none"> • See themselves as a valuable individual. • Build constructive and respectful relationships with adults and peers. • Work and play cooperatively and take turns with others. • Express their feelings and consider the feelings and the perspective of others. • Identify and moderate their own feelings socially and emotionally.
<p>Being Me</p>	<p>3- and 4-year-olds will be learning to:</p> <ul style="list-style-type: none"> • Show more confidence in new social situations. • Develop their sense of responsibility and membership of a community. • Become more outgoing with unfamiliar people, in the safe context of their setting. 	<p>Children in reception will be learning to:</p> <ul style="list-style-type: none"> • See themselves as a valuable individual. • Express their feelings and consider the feelings of others. • Show resilience and perseverance in the face of challenge.
<p>Difference and Diversity</p>	<p>3- and 4-year-olds will be learning to:</p> <ul style="list-style-type: none"> • Develop their sense of responsibility and membership of a community. • Understand gradually how others might be feeling. • Continue developing positive attitudes about the differences between people. 	<p>Children in reception will be learning to:</p> <ul style="list-style-type: none"> • Build constructive and respectful relationships. • Express their feelings and consider the feelings of others. • Think about the perspectives of others. • Recognise that people have different beliefs and celebrate special times in different ways. • Recognise some environments that are different from the one in which they live.

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