

Dear Parents / Carers,

Important information regarding your child's Mini First Aid Kids class

My name is Maria, and I am the owner of Mini First Aid Nottingham and Derby Ltd. Last academic year I taught thousands of children First Aid and I am delighted to be visiting your child's school to teach them these vital life-saving skills. The class will be delivered in school by our fully insured and DBS checked trainers. We will cover keeping safe in an emergency and calling 999 for help, as well as how to do CPR and deal with bleeds, burns, choking and more. Your child will have the opportunity to practise their skills on our CPR manikins and choking vest provided.

What you need to do before the session:

If your child has allergies to hypoallergenic plasters, dressings or first aid tape, please make sure your school is informed so we can ensure your child's safety and arrange an alternative for them. Practise your child's address with them.

What you need to do after the session:

- Complete the Mini First Aid Kids booklet which your child will bring home – this helps them share their learning with you and commit what they have learnt to memory.
- Show them how to use your home or mobile phone to call 999, and make sure they know your home address off by heart.
- Make sure you have a first aid kit at home. We can purchase our award winning wipe clean stylist First Aid kits here: <https://minifirstaidnottingham.square.site/>
- Proudly display your child's first aider certificate!

If you'd like to stay up to date with children's health advice and first aid knowledge, sign up for our free newsletter at <https://www.minifirstaid.co.uk/subscribe>

And if you feel like YOU need to know what to do in a first aid emergency, sign up to our 2 hour parents class on the links below! We also offer First Aid qualification courses for the workplace. Please contact us to discuss your needs.

Thank you for the opportunity to train your child in life-saving first aid and create a new generation of first aid superheroes!

Mini First Aid