

Services to support children and families

Name of scheme/ service	Description	Geographical Area	Provider Contact Detail for support and referral
<u>Call Derbyshire</u>	Social care	All areas in Derbyshire county	Call 01629 533190 for URGENT concerns about a child Out-of-hours number: 01629532600. Immediate concerns for a child ring: 999
CAMHS RISE - Rapid Intervention, Support and Empowerment	A rapid response service for GPs and other practitioners to ensure the best possible support for young people who are experiencing acute mental distress /have seriously self-harmed or are having suicidal thoughts.	Erewash and Southern Derbyshire Dales, Amber Valley and Derby city	Telephone :0300 123 3124. The team is available from 8am to 11pm 7 days a week. Derbyshire community health care NHS trust
Southern Derbyshire Children and Adolescent mental health services (CAMHS)	Non urgent assessment and therapeutic support for a wide range of mental health disorders including a dedicated eating disorders service.	Erewash and Derby city	Telephone: 0300 790 0264 Provider: Derbyshire community health care NHS trust
Relate -Safe Speak- children and young people's counselling in South Derbyshire	Ongoing weekly support to single point of access for children and young people with mental health problems	Erewash and Derby city	Relate Derby and Southern Derbyshire 3 Wentworth House Vernon Gate Derby DE1 11UR Tel: 01332 349177 Email: info@relatederby.org.uk Website: www.relatederby.org.uk Telephone hotline 08081789363 Live-chat drop in: www.relatederby.org.uk/live_chat.html

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Safe and Sound	Supporting children at risk of sexual or being sexually exploited.	Erewash	Website: www.safeandsoundgroup.org.uk Tel: 01332 362120 Email: info@safeandsoundgroup.org.uk
First steps voluntary sector support for eating disorders	Working closely with CAMHS Providing solution focused preventative, early intervention and long term ongoing support for people with diagnosed or undiagnosed eating disorders. Offering practical and non clinical intervention to develop coping skills in order to manage and overcome eating disorders more effectively. Peer support service offered throughout Derbyshire county and Derby City	All areas in Derbyshire county and Derby City	First steps Ingham house 16 agard street Derby DE1 1DZ 01332 367571 www.firststepsderbyshire.co.uk Contact by telephone accepts self referrals as well as those from practitioner and Gp's
Action for Children Space 4 U	Work with children aged 5-18 who are seriously affected by someone else's alcohol or substance misuse. Services offered are: <ul style="list-style-type: none"> • 1:1 session in schools • Access to first aid training • Advocate on behalf of young people 	Derbyshire and Derby City	Action for Children Tel: 01246 277422 Email: space.4u2@actionforchildren.org.uk
Action for Children Building sound minds	They provide specialist support for children and young people aged 0-17 who are likely to present emotional and mental difficulties but do not meet the thresholds for more specialist services.		Action for Children Tel: 01246 277422 Email: BuildSoundMindsDD@actionforchildren.org.uk

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SV2 Supporting Victims of Sexual Violence	SV2 – SV2 provides specialist counselling for victims of sexual violence	County wide service for all CCG areas –	Telephone Self referral or referral by consent Tel:01773746115 Website: sv2.org.uk Email: help@sv2.org.uk
Self Harm pilot (Rural Action Derbyshire)	Rural action Derbyshire. Piloting an awareness session with older teenagers and schools staff in 6 schools across Derbyshire County.	County wide service funded by Erewash CCG. Hardwick and North Derbyshire and Public Health	Contact by telephone 01629 592971 Sylvia Green
Horizons	Looked after Childrens service to support Childrens emotional health and wellbeing offering therapeutic support	<i>All Derbyshire County areas provided the child/ young person originates from Derbyshire County Location.</i>	The Horizons Administrative Team The Hub Shiners Way Off Market Street South Normanton DE55 2AA Tel 01629 533775
SANE LINE	SANE line runs a national, out-of-hours mental health helpline offering specialist emotional support and information to anyone affected by mental illness, including family, friends and carers.	All CCG areas National help line	Telephone: 0300 304 7000 www.sane.org.uk Open every day of the year from 6pm to 11pm
Talking Mental Health Derbyshire	Talking Mental Health Derbyshire offers a range of therapies for people experiencing common psychological difficulties, such as those feeling anxious, low, or depressed. Confidential service young adults 16 years and over, who are registered with a Derbyshire GP	For all Derbyshire county and Derby city area	Contact us Telephone: 0300 123 0542 Automated referral system or speak to admin team Email: talking@derbyshcft.nhs.uk Office address: Talking Mental Health Derbyshire, <u>Ilkeston Resource Centre</u> , Ilkeston Community Hospital, Heanor Road, Ilkeston DE7 8TL Therapists will travel to client if appropriate Web site http://www.derbyshirehealthcareft.nhs.uk/services/talking-mental-health-derbyshire/ SELF REFERRAL ON LINE AVAILABLE

Name of scheme/ service	Description	Area of Focus	Provider Contact Detail for support and referral
Erewash borough council	Service to advise and support families with homelessness.	Erewash area	Tel:01159072244 Email: homelessness@erewash.gov.uk
Citizens advice	Service that can provide free, confidential, independent and impartial advice on housing – employment – debt – benefits – consumer care issues – energy efficiency – families and relationships and universal credit.	Erewash area	Erewash Office: Ilkeston Castledine House, Heanor Road, DE7 8DY Adviceline 0300 456 8390
Financial Futures	They can support you with <ul style="list-style-type: none"> • Filling in on-line forms • Basic IT skills • Using technology for job searching • Universal credit applications • Other benefit applications • CV writing • Budgeting skills • On-line banking help 	Derbyshire districts	Suzanne Fieldsend (Digital development and community support co-ordinator) Tel: 01158966735 or 07730089648 Email: Suzanne.fieldsend@ddcab.org.uk
Money sorted in D2N2	This project can provide: <ul style="list-style-type: none"> • Assessment of your financial well-being • A personal action plan • Help to improve confidence with money and budgeting • Support getting into employment or training. 	Amber Valley and Erewash	Citizens advice Derbyshire districts Katy Turquoise Tel: 0300 456 8390 or 07730 089667 Email : katy.turquoise@ddcab.org.uk DHA – Direct help and advice Debbie Knight Tel: 0115 9300 199 or 07842129195 Email: Debbie.knight@dhadvice.org
Derbyshire troubled families employment advisers	Services offered are: <ul style="list-style-type: none"> • Check benefits are correct • Advice on entitlement • Support transition to universal credit • Advocate on behalf of adults. 	Erewash	Tel: 07823532735 Email: sally.pickard@dwp.gov.uk

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Towards work	Offers support with first steps towards gaining employment, education or training.	Erewash	Website: www.towardswork.org.uk
Derventio housing	Support getting into work Personal budgets Housing support	Derby City	Tel: 07850503180 Email: Julie.howells@derventiohousing.com
Live life better Derbyshire	<p>This project can offer support with</p> <ul style="list-style-type: none"> • Stopping smoking • Weight management • Getting active • Mental health and wellbeing • Falls prevention • Alcohol awareness • Housing and finance help <p>Eligibility Derbyshire county resident, working in Derbyshire county or registered at Derbyshire county GP practice.</p>	Derbyshire County resident	Website: www.livelifebetterderbyshire.org.uk Email: lbd.info@derbyshire.gov.uk Call: 0800 0852299 or 01629538200
Firesafe scheme Derbyshire fire and rescue	Firesafe is designed to advice children and young people with fire-setting behaviour. Referrals will need the consent of parents or carers.		Website: www.derbys-fire.gov.uk Email: p&iyouthteam@derbys-fire.gov.uk Call: 0800 0852299 or 01629538200
Derbyshire recovery partnership	Support for anyone aged 18 and over, living in Derbyshire who is concerned about their illicit drug use and/or alcohol use and its impact. <ul style="list-style-type: none"> • Offer a family programme called CRAFT. • One 2 one key working. • Recovery support 	Main bases are in Chesterfield, Ripley, Swadlincote and Ilkeston Do not cover Derby City	Website: www.derbyshirerecoverypartnership.co.uk Call: 01246 206514

Name of scheme/ service	Description	Area of Focus	Provider Contact Detail for support and referral
Derbyshire Children's Centre	Services provided are: <ul style="list-style-type: none"> • Fun activities • Play and stay session • Sensory room • Incredible years parenting course 	Local area. There is another centre in Cotmanhay.	Derbyshire Children's centre Charnos Centre, Lower Whitworth Road, Ilkeston DE7 4LT Tel: 01629531576 - Nina
Domestic abuse support line	They offer free, confidential advice and support for anyone experiencing domestic abuse.		Call:08000198668 Text: 07557800313 Email: Derbyshire DAHelpline@actionorg.uk
Derbyshire information and support service for SEND (formerly parent partnership)	Services provided are help with: <ul style="list-style-type: none"> • Educational health care plans • Support in meetings • Resolving disagreements • Exclusion from school • Face to face support and advice. 	Derbyshire area	Website: www.derbyshireiass.co.uk Email: ias.service@derbyshire.gov.uk DIASSEND advice line: 01629533668
Umbrella	Supporting families with children and young adults up to the age of 30 with SEND. Support is available for the whole family.	Derbyshire and Derby City.	Information office Ronnie MacKeith Child Development Centre Derby Royal Hospital Uttoxeter Road Derby DE22 3NE Tel: 01332 785658 Email: info@umbrella.uk.net Website: www.umbrella.uk.net
Living Well with Autism	Supporting family and carers living with Autism Spectrum condition. Referrals can be made by GP or Social care. Ask them to contact relate to make a referral.	Derbyshire County Council residents	Relate Derby and Southern Derbyshire 3 Wentworth House Vernon Gate Derby DE1 11UR Tel: 01332 301350 Email: info@livingwellwithautism.org.uk

Name of scheme/ service	Description	Area of Focus	Provider Contact Detail for support and referral
Home-Start Erewash	Services provided are: <ul style="list-style-type: none"> • Parenting volunteer offers weekly home support visits • Emotional support to help parents • Direct support to children, encouraging development • Attendance at meetings and moral support. • Access to parenting advice and skills training. 	Erewash	Address: 6 Heanor Road, Ilkeston, Derbyshire DE7 8DX Home-Start office: 01159304640 Email: office@home-starterewash.co.uk Website: home-starterewash.co.uk
Salcare	Services available are: <ul style="list-style-type: none"> • Foodbank • Benefits advice • Art therapy • Domestic abuse support • Low price furniture and clothing for sale. 	Amber Valley and Erewash	Salcare 59 Ray Street Heanor Derbyshire DE75 7GF Tel: 01773 764562 Website: www.salcare.org.uk Email: enquiries@salcare.org.uk Monday to Thursday: 9.00am to 4.00pm Friday: 9.00am to 3.30pm Saturday: 9.30am to 2.30pm
Treetops	Children and families dealing with bereavement. Counselling and emotional support service.	Southern Derbyshire and Derby City areas	Therapeutic services, Treetops hospice care Derby Road Risley Derbyshire DE72 3SS Tel: 0115 9496944 Email: therapy@treetopshospice.org.uk Website: www.treetopshospice.org.uk